

WITH CHRIST IN THE SCHOOL OF PRAYER

Companion Workbook

Learning to Pray in the School of Jesus

Based on Andrew Murray's *With Christ in the School of Prayer*

"Lord, teach us to pray." — Luke 11:1

INTRODUCTION

Andrew Murray presents prayer not simply as a Christian discipline but as a **school in which Jesus Himself is the Teacher**. The goal is not merely to learn more *about* prayer but to become men and women who actually **pray, intercede, believe, abide, persevere, and prevail in prayer**.

Murray's emphasis is especially strong on intercession. He argues that prayer should not be viewed primarily as a means of maintaining our own spiritual lives, but as part of the work God has entrusted to His people. Prayer is "the root and strength" of Christian work, and the Church discovers its spiritual power through intercession.

This workbook is therefore designed around four movements:

LEARN → REFLECT → PRACTICE → INTERCEDE

Each lesson contains:

- Key Scripture
- Central Truth
- Key Ideas
- Questions for Understanding
- Personal Reflection
- Prayer Practice
- Intercession Assignment
- Prayer Journal
- A Personal Commitment

Do not hurry through the exercises. Murray repeatedly emphasizes that prayer is learned by praying. Jesus' school of prayer is a school of **practice**, not merely information.

MY PRAYER SCHOOL COMMITMENT

Before beginning, prayerfully complete these statements.

Why do I want to learn to pray?

What is presently strongest about my prayer life?

What is presently weakest?

What would I like God to change in my prayer life?

My Prayer

Lord Jesus, teach me to pray. I acknowledge that I do not yet know prayer as fully as You desire me to know it. Make me teachable. Lead me into fellowship with the Father, teach me to pray in faith, and make me an intercessor through whom Your purposes can be accomplished.

Amen.

LESSON 1

LORD, TEACH US TO PRAY

The Only Teacher

Key Scripture: Luke 11:1

Central Truth

Prayer is learned from Jesus.

The disciples saw a relationship between Jesus' public ministry and His private prayer life. Their response was not simply, "Teach us about prayer," but **"Lord, teach us to pray."**

Murray describes Jesus as the Teacher who brings His disciples into His own life of prayer and intercession.

Think About It

1. Why do you think the disciples specifically asked Jesus to teach them to pray?

1. What is the difference between knowing about prayer and knowing how to pray?

1. What have been your primary teachers about prayer?

1. In what areas of prayer do you most need Jesus to teach you?

Prayer Practice

Spend ten minutes with only this request:

"Lord Jesus, teach me to pray."

Do not rush beyond it. Ask the Lord to show you where your prayer life needs to grow.

Intercession Assignment

Write the names of three people for whom God may be calling you to pray regularly.

1. _____

2. _____

3. _____

My Commitment

This week I will give Jesus ____ minutes each day to teach me to pray.

LESSON 2

IN SPIRIT AND TRUTH

The True Worshippers

Key Scripture: John 4:23–24

Central Truth

True prayer flows from a life brought into fellowship with God through Christ and the Holy Spirit.

Questions

What does it mean to worship God “in spirit”?

What does it mean to worship Him “in truth”?

Is my prayer primarily words, or is it the expression of my relationship with God?

Personal Inventory

Where does prayer sometimes become merely:

Habit? _____

Duty? _____

Words? _____

Emotion? _____

Prayer Practice

Before asking God for anything today, spend several minutes simply worshiping Him for who He is.

LESSON 3

PRAY TO YOUR FATHER WHO IS IN SECRET

Alone with God

Key Scripture: Matthew 6:6

Central Truth

The secret place is the schoolroom of prayer.

Murray stresses Jesus' repeated use of the word **Father**. The first concern of private prayer is not technique but relationship: **"I must meet my Father."**

My Secret Place

Where will I normally pray?

When?

What distractions must I remove?

Reflection

Complete:

When I think of God as my Father, I _____

My greatest distraction during private prayer is ___

Seven-Day Secret Prayer Challenge

- [] Day 1
- [] Day 2
- [] Day 3
- [] Day 4
- [] Day 5
- [] Day 6
- [] Day 7

LESSON 4

AFTER THIS MANNER PRAY

The Model Prayer

Key Scripture: Matthew 6:9-13

Central Truth

Jesus teaches us to put the Father's interests before our own.

Murray observes the order:

Your Name → Your Kingdom → Your Will

before:

Give us → Forgive us → Lead us → Deliver us

Work Through the Prayer

Our Father

What does being God's child mean to me?

Hallowed be Your name

Where do I want God's name glorified?

Your kingdom come

Where do I want God's rule to advance?

Your will be done

What must I surrender?

Give us this day

What do I genuinely need?

Forgive us

What needs confession?

As we forgive

Whom do I need to forgive?

Deliver us

Where do I need God's protection?

LESSON 5

ASK, AND IT SHALL BE GIVEN YOU

The Certainty of the Answer

Key Scripture: Matthew 7:7-8

ASK — SEEK — KNOCK

What am I presently **asking** God for?

Where am I **seeking** God Himself?

Where must I continue **knocking**?

Definite Prayer

One specific request I will begin praying:

Date prayer began: _____

Answer:

Date answered: _____

LESSON 6

HOW MUCH MORE?

The Infinite Fatherliness of God

Central Truth

Confidence in prayer grows from confidence in the character of the Father.

Reflection

What do I believe about God's willingness to give good things?

Do I approach Him primarily as:

Judge? ____

King? ____

Master? ____

Father? ____

Why?

Practice

Today deliberately begin every prayer with:

"Father..."

Pause before continuing and remember whom you are addressing.

LESSON 7

HOW MUCH MORE THE HOLY SPIRIT

Key Scripture: Luke 11:13

Central Truth

One of the greatest gifts for which God's children can ask is the Holy Spirit's working in their lives.

Reflection

Where do I particularly need the Spirit's work?

- Prayer
- Holiness
- Wisdom
- Witness
- Love
- Faith
- Ministry
- Other: _____

My Prayer

Father, I ask for the Holy Spirit to work in me especially in:

LESSON 8

BECAUSE OF HIS IMPORTUNITY

Bold Persistence

Central Truth

Delay is not necessarily denial.

A Prayer I Have Nearly Stopped Praying

Why have I become discouraged?

What would perseverance look like?

Commitment

I will continue praying for:

until ____.

LESSON 9

PRAY THE LORD OF THE HARVEST

Prayer Provides Labourers

Key Scripture: Matthew 9:37–38

Harvest Field

What harvest field has God placed near me?

Family ____

Church ____

Community ____

Workplace ____

Nation ____

World ____

Pray for Workers

Name people God might raise up:

Now ask:

Could I be part of the answer to this prayer?

LESSON 10

WHAT WILL YOU?

Prayer Must Be Definite

Central Truth

Vague prayer easily becomes prayer without expectation.

Change the Prayer

Instead of:

"Lord, bless my family."

Pray specifically:

Instead of:

"Lord, help our church."

Pray:

Instead of:

"Lord, save people."

Name someone:

My Three Definite Requests

1.

 2.

 3.

-

LESSON 11

BELIEVE THAT YOU HAVE RECEIVED

The Faith That Takes

Key Scripture: Mark 11:24

Reflection

What is the relationship between asking and believing?

What causes me to doubt?

What promise of God strengthens my faith?

Prayer of Faith

My request:

Scriptural basis:

What I am trusting God to do:

LESSON 12

HAVE FAITH IN GOD

The Secret of Believing Prayer

Central Truth

Faith is ultimately not faith in our faith. It is **faith in God**.

Murray says that we often seek God's gifts when God first wants to give us Himself. A heart filled with confidence in God becomes capable of confident prayer.

God Is...

List ten truths about God that give you confidence to pray.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

LESSON 13

PRAYER AND FASTING

The Cure of Unbelief

Key Scripture: Matthew 17:19–21

Murray connects prayer, faith, self-denial, and fasting. He describes prayer as reaching toward the unseen and fasting as releasing our hold on the visible.

Reflection

What physical appetite or worldly attachment most easily controls me?

What could I temporarily surrender to give greater attention to God?

My Fast

Purpose: _____

Beginning: _____

Ending: _____

Prayer focus:

LESSON 14

WHEN YOU STAND PRAYING, FORGIVE

Key Scripture: Mark 11:25

Relationship Inventory

Is there anyone against whom I hold:

Resentment? _____

Bitterness? _____

Anger? _____

Unforgiveness? _____

Prayer

Father, because I have received Your mercy, I choose to forgive:

I surrender to You:

LESSON 15

IF TWO AGREE

The Power of United Prayer

Key Scripture: Matthew 18:19–20

My Prayer Partners

Who could pray regularly with me?

1. _____
2. _____
3. _____

Shared Prayer Need

Meeting Schedule

We will pray together:

LESSON 16

SPEEDILY, THOUGH BEARING LONG

The Power of Persevering Prayer

Central Truth

Faith continues when the answer seems delayed.

My Long-Term Prayer

I have been praying for:

For approximately:

The greatest temptation to quit is:

Today I choose to:

LESSON 17

I KNOW THAT YOU HEAR ME ALWAYS

Prayer in Harmony with God

Key Scripture: John 11:41–42

Reflection

What would it mean to live with confidence that the Father hears me?

How would this change the way I pray?

LESSON 18

WHOSE IS THIS IMAGE?

Prayer in the Likeness of God

Personal Examination

Where is Christ's character increasingly visible in me?

Where is His likeness still difficult to see?

Prayer

Father, make me more like Christ particularly in:

LESSON 19

I GO UNTO THE FATHER

Greater Works

Ministry Reflection

What work has God placed before me?

What part can only be accomplished through God's power?

How should that reality change my prayer life?

LESSON 20

THAT THE FATHER MAY BE GLORIFIED

The Chief Purpose of Prayer

Key Scripture: John 14:13

The Glory Test

Take one major request and ask:

Why do I want this?

How could the answer glorify God?

Rewrite the request with God's glory as its central purpose:

LESSON 21

IF YOU ABIDE IN ME

The All-Inclusive Condition

Key Scripture: John 15:7

ABIDE

To abide in Christ means for me:

What pulls me away from conscious fellowship with Christ?

What practice helps me remain aware of Him?

This Week

I will cultivate abiding through:

LESSON 22

MY WORDS IN YOU

The Word and Prayer

Central Truth

Effective prayer grows from a life saturated with God's Word.

Scripture-to-Prayer Exercise

Scripture:

What does God say?

What does this reveal about His will?

Turn it into prayer:

LESSON 23

BEAR FRUIT

Obedience and Answered Prayer

Fruit Inventory

Where is my life producing spiritual fruit?

Where is fruit lacking?

Who is being blessed because of my relationship with Christ?

Prayer

Lord, produce fruit through me in:

LESSON 24

IN MY NAME

Central Truth

Praying in Jesus' name is more than adding His name to the end of a prayer. It means praying in fellowship with His character, purposes, interests, and mission.

The Jesus Test

Would Jesus desire what I am requesting?

Does it advance His purposes?

Can I sincerely ask it as His representative?

LESSON 25

AT THAT DAY

The Holy Spirit and Prayer

Reflection

How does the Holy Spirit help us pray?

What might it mean to become sensitive to the Spirit before speaking?

Silence Exercise

Spend five minutes before God without making requests.

Then write what became important:

LESSON 26

I HAVE PRAYED FOR YOU

Christ the Intercessor

Key Scriptures: Luke 22:32; Hebrews 7:25

Jesus does not merely teach intercession—He **is the Intercessor**. Murray argues that Christ draws believers into fellowship with His own intercessory life.

Imagine This

Jesus is interceding.

For His Church.

For His mission.

For people.

For you.

Reflection

How does knowing that Christ intercedes change the way I pray?

Joining His Intercession

Who might Jesus be calling me to carry before the Father?

LESSON 27

FATHER, I WILL

Christ the High Priest

Central Truth

Intercession means joining Christ's concern for others.

Murray urges believers to discover **which work and which souls have been entrusted to their special prayers.**

My Intercessory Assignment

People God has especially entrusted to me:

Ministry:

Church:

Community:

Nation:

World:

LESSON 28

FATHER! NOT WHAT I WILL

Christ the Sacrifice

Key Scripture: Mark 14:36

Central Truth

Authority in prayer grows from surrender to God's will.

Jesus' **"Father, I will"** of intercession stands together with His **"Not what I will"** of surrender. Murray connects prevailing prayer with a will surrendered to God.

My Gethsemane

What do I deeply desire?

Can I sincerely say:

"Father, not what I will, but what You will"?

What makes that difficult?

Surrender

Father, I surrender to You:

LESSON 29

ACCORDING TO HIS WILL

Our Boldness in Prayer

Central Truth

Knowing God's will gives confidence to prayer.

Discernment Worksheet

My request:

What does Scripture say?

Would this glorify God?

Would it advance His kingdom?

Is my motive surrendered?

What do mature believers say?

My present understanding of God's will:

LESSON 30

A HOLY PRIESTHOOD

The Ministry of Intercession

Central Truth

Intercession is not merely an activity for unusually spiritual Christians. It belongs to the priestly calling of God's people.

Murray describes intercession as a ministry through which believers stand before God for others and bring God's blessing into their circumstances.

My Priesthood Map

Family

Church

Neighbors

Community

Christian leaders

Missionaries

Unbelievers

Nations

My Calling

God may particularly be calling me to intercede for:

LESSON 31

PRAY WITHOUT CEASING

A Life of Prayer

Key Scripture: 1 Thessalonians 5:16–18

Central Truth

Prayer is ultimately meant to become a way of life.

Murray's goal is not simply longer prayer periods. He describes participation in Christ's own never-ceasing intercession so that prayer increasingly becomes the atmosphere of the believer's life.

My Daily Prayer Rhythm

Upon waking

I will _____

Morning

I will _____

Midday

I will _____

During work

I will _____

When encountering people

I will _____

When receiving bad news

I will _____

When receiving good news

I will _____

Before sleeping

I will _____

FINAL STUDY

GEORGE MÜLLER AND THE SECRET OF HIS POWER IN PRAYER

Murray concludes the book by turning from instruction to example.

George Müller sought to demonstrate through his orphan ministry that **God remains faithful and hears prayer**. His purpose was not merely to meet material needs but to provide a visible demonstration that the living God could still be trusted.

Murray especially highlights Müller's dependence upon Scripture. Müller testified that a major change in his spiritual life occurred when he began giving sustained attention to prayerful reading and meditation upon God's Word.

The Müller Principles

Write what each principle could mean in your own prayer life.

1. Know God's Word

2. Discover God's will

3. Bring definite requests

4. Examine your motives

5. Trust God's promises

6. Refuse to allow delay to destroy faith

7. Persevere

8. Seek God's glory rather than personal recognition

My Müller Experiment

Choose one genuine need or ministry concern.

The need:

Why I believe this matters to God:

Scripture connected with the request:

My specific prayer:

Date I begin praying: ____

Prayer Record

Date	What I Prayed	What Happened

Answer

What this experience taught me about God

MY INTERCESSORY PRAYER MAP

The People God Has Placed Around Me

FAMILY

FRIENDS

CHURCH

WORK / MINISTRY

NEIGHBORHOOD

PEOPLE WHO DO NOT YET KNOW CHRIST

MISSIONARIES AND MINISTRY LEADERS

GOVERNMENT AND COMMUNITY LEADERS

NATIONS

MY FIVE

Choose five people who will receive special, sustained intercession.

Person	Spiritual Need	What I Am Asking God To Do
1.		
2.		
3.		
4.		
5.		

ANSWERED PRAYER JOURNAL

One purpose of keeping a record is to learn to recognize God's faithfulness.

Date Asked	Request	Scripture/Promise	Date Answered	God's Answer

31-DAY SCHOOL OF PRAYER CHALLENGE

Use one lesson each day.

- ☐ Day 1 — Lord, Teach Us to Pray
- ☐ Day 2 — In Spirit and Truth
- ☐ Day 3 — Alone with God
- ☐ Day 4 — The Model Prayer
- ☐ Day 5 — Ask, Seek, Knock
- ☐ Day 6 — How Much More?
- ☐ Day 7 — The Holy Spirit
- ☐ Day 8 — Persistence
- ☐ Day 9 — The Harvest
- ☐ Day 10 — Definite Prayer
- ☐ Day 11 — Believe You Receive
- ☐ Day 12 — Have Faith in God
- ☐ Day 13 — Prayer and Fasting

- ☐ Day 14 — Forgive
- ☐ Day 15 — Agreement
- ☐ Day 16 — Perseverance
- ☐ Day 17 — Confidence God Hears
- ☐ Day 18 — Christlikeness
- ☐ Day 19 — Greater Works
- ☐ Day 20 — God's Glory
- ☐ Day 21 — Abiding
- ☐ Day 22 — The Word
- ☐ Day 23 — Bearing Fruit
- ☐ Day 24 — In Jesus' Name
- ☐ Day 25 — The Spirit of Prayer
- ☐ Day 26 — Christ the Intercessor
- ☐ Day 27 — Prevailing Intercession
- ☐ Day 28 — Surrender
- ☐ Day 29 — God's Will
- ☐ Day 30 — The Holy Priesthood
- ☐ Day 31 — Pray Without Ceasing

BEFORE AND AFTER

Return to the questions you answered before beginning the workbook.

What has changed in my understanding of prayer?

What has changed in my actual practice of prayer?

What have I learned about God?

What have I learned about faith?

What have I learned about intercession?

What prayer has God answered during this study?

Who has God placed especially on my heart?

What will I do differently from this point forward?

MY PERSONAL RULE OF PRAYER

Having completed the School of Prayer, establish a sustainable pattern.

I will meet privately with God:

My normal time will be:

My normal place will be:

I will regularly pray Scripture by:

I will intercede consistently for:

I will pray with these other believers:

I will practice fasting:

I will keep track of definite requests by:

I will record answered prayer by:

FINAL COMMITMENT

LORD, TEACH ME TO PRAY

Lord Jesus,

You are my Teacher.

Teach me not merely to understand prayer, but to pray.

Teach me to know the Father.

Teach me to worship in spirit and truth.

Teach me to enter the secret place.

Teach me to ask.

Teach me to seek.

Teach me to knock.

Teach me to believe.

Teach me to persevere.

Teach me to forgive.

Teach me to surrender.

Teach me to abide in You.

Let Your Word abide in me.

Teach me to pray in Your Name.

Teach me to pray according to the Father's will.

Teach me to depend upon the Holy Spirit.

Teach me to stand before God for others.

Make me part of Your ministry of intercession.

Make prayer not simply something I do, but increasingly part of the life I live.

And when I do not know how to pray, bring me again to the prayer with which I began:

Lord, teach me to pray.

Amen.